

HOW TO TALK ABOUT “HIV”

“HIV and AIDS” are nuanced words that should be used intentionally.

Why’s that?





Everyone who has AIDS has HIV, but not everyone with HIV develops AIDS.

Really?

DID YOU KNOW

Using “HIV/AIDS” together implies that the two are the same or interchangeable, but they’re not.

HIV stands for “human immunodeficiency virus,” and AIDS stands for “acquired immune deficiency syndrome.”



Yeah! People living with HIV can enjoy long, healthy lives.

That's great!

IN FACT...

A person living with HIV who is taking their antiretroviral treatment (ART) as prescribed and has an undetectable viral load cannot pass the virus on to others.

In most cases, if you take ART as prescribed, HIV does not progress to AIDS.

BEING INTENTIONAL

with these two terms can help clearly communicate the complexities of this illness and its associated scientific advancements.

Let's spread the word instead of stigma!!

Heck yeah!

